Journey Through Time - GO WEST PRE-FAM

Aug 27, 2020 - Aug 30, 2020

The marks of time are stamped across the landscape on this route through the Columbia River Gorge and northeastern Oregon. Driving through canyons carved by twisting rivers is a trip through the state’s historical timeline, from prehistoric fossil beds to the wagon ruts from the Oregon Trail. Out here you’ll discover towns that pride themselves on their rich native, pioneer, ranching and agricultural heritage which leave you feeling as if you stepped back in time. THIS ITINERARY IS SUBJECT TO CHANGE.
August 27 - Thursday

10:00 AM - Pacific Daylight Time
Depart Portland

About the West Columbia Gorge
The West Columbia Gorge is as much about enchanting, rain-blessed hikes in the National Scenic area as it is quality time spent between exhilarating trips to view the swollen falls of “Water Fall Lane”. Spring-fed and cascading year-round, ample winter rainfall increases waterfall volumes to create a more impressive springtime splash.

Visit Latourell Falls
Latourell Falls
Beginning from the trailhead from the Historic Columbia River Highway (HCRH), follow the trail uphill to the left of Latourell Falls (or sometimes referred to as the lower falls). At the falls, the lichen-covered columnar basalt formations around the falls steal the show. Continue to the Upper Falls after crossing several bridges and following Henderson Creek. Finally, you’ll come to the upper falls, a two tiered drop: first a block fall that’s almost hidden and then a plunge into a pool.

Now continue on the other side of the creek back to the HCRH. Once you get to the highway, you can return back to your car by carefully walking on the side of the road. Or better yet, cross the highway and walk down some steps to Guy Talbot State Park. Look for a paved path to your right. Follow this approximately .25 miles, taking you under the HCRH. The bridge, dating from 1914, is interesting in its own right, with special lightweight construction due to the unstable soils in the area. This will return you back to your car.

- Distance: 2.4 miles (3.8 km) round trip
- Elevation Gain: 520 feet (158 meters)

11:30 AM - Pacific Daylight Time
Sample Smoked Salmon at Brigham Fish Market
Meet Kim Brigham for a smoked salmon tasting.

Terrie Brigham and sister Kim Brigham-Campbell, members of the Confederated Tribes of the Umatilla Indian Reservation, are sharing their generations-old family fishing traditions with the public. In 2014 they opened the Brigham Fish Market in Cascade Locks, their riverfront hometown in the Columbia River Gorge, 40 miles east of Portland. The market specializes in wild, native-caught fish from the Columbia River: spring salmon and sturgeon in spring; summer chinook, sockeye and steelhead in summer; and fall chinook, coho and steelhead in autumn. The Brigham family — often Kim and Terrie — catches all of it.

About Hood River
Located at the crossroads of the spectacular Columbia River Gorge National Scenic Area and the magnificent Cascade Range and just an hour from Portland, Hood River is wildly gorge-ous, offering outdoor recreation, dramatic vistas, historic landmarks, bountiful fruit and fantastic food, wine, beer and cider. With accommodations ranging from luxury hotels to historic B&Bs, Hood River is a four-season destination for families, outdoor enthusiasts, weddings, corporate events and more. It was named a Top 10 Wine Destination for 2017 by Wine Enthusiast Magazine, and 2015 Best Adventure Town in the West by Sunset Magazine.

Instagram: @hoodriveroregon
Twitter: @visithoodriver
Facebook: facebook.com/hoodriver
Website: hoodriver.org
Hood River contact: Kate Schroeder, Executive Director
541.386.2000 / kate@hoodriver.org

Mt. Hood and the Columbia River Gorge Region
Instagram: @hoodgorge
Hashtag: #hoodgorge

12:30 PM - Pacific Daylight Time
Lunch at Full Sail Brew Pub
Hosted by Travel Oregon.

Hood River’s original brewery, Full Sail Brewing is perched on a bluff, overlooking the most epic wind and kitesurfing spot in the world. Enjoy their handcrafted brews, which kicked off Hood River’s huge brewery scene, and enjoy pub food on the outdoor patio. Free, guided brewery tours daily at 1, 2, 3 and 4 PM. Open daily at 11:00 am, serving lunch and dinner.

Full Sail Brew Pub
506 Columbia St, Hood River, OR, US, 97031
(541) 386-2247

About Pendleton
Best known for a legendary rodeo, fine woolens, and leather craftsmanship, Pendleton has a well-deserved reputation as a town where the best of western tradition and heritage lives on. Handmade every day. Welcome to Pendleton!

CONTACT:
Travel Pendleton: Kristen Dollarhide, 541-969-4784, kristen@travelpendleton.com

3:00 PM - Pacific Daylight Time
Pendleton Underground Tour
Pendleton Underground Tours is a non-profit corporation that started in 1989, giving tours of Pendleton’s red light district. The tour was very controversial because part of the subject matter is about gambling, the Chinese, bootlegging and prostitution. In 1990, after opening the ‘Cozy Rooms’ bordello, Chinese jails and the Opium Den, the tour became even more questionable. The history of legal and illegal businesses operating in the same area for over 100 years makes the tour unique and like no other tour anywhere. The history of the Chinese in Eastern Oregon and their role in building the west is also unique. The tour is entertaining and interesting to all ages and there is something for every member of the family.

Pendleton Underground Tour
37 SW Emigrant Ave, Pendleton, OR, US, 97801

4:00 PM - Pacific Daylight Time
Self-Guided Makers Tour of Pendleton
From saddles, hats and boots to beer, whiskey and vodka, Pendleton’s craft culture — driven by its pioneering spirit — is one of the most well-regarded in the state. While urban cities have seen the rise of artisan-driven businesses in the past decade, Pendleton’s makers were here long before it was cool — and they’re still around to show you.

CONTACTS:
Stapleman’s (Richard Stapleman 509-531-4703, staplemanboots@hotmail.com)
Hamley & Co (Penny French 541-278-1100 Manager, pennyf@hamley.com – Saddle Makers Hank Moss & Pedro Pedrini)
Rod Retherford Saddlery (Rod Retherford 541-279-9060, rodretherford@gmail.com)
Montana Peaks Hat Company (Laura Wortman 541-215-1400, MontanaPeaks@Yahoo.com)
Pendleton Hat Company (Perk Perkins 360-739-7289, perkperkinsphc@msn.com)
L.L. Bevington (Linda Bevington 970-390-0196, llbevington8@gmail.com)
5:30 PM - Pacific Daylight Time

Check in at the Oxford Suites Pendleton

Room and tax hosted by Eastern Oregon Visitors Association.

Conveniently located near the Pendleton Convention Center, the Pendleton Round-Up Arena and the Pendleton Airport, the Oxford Suites Pendleton is well-equipped to handle all of your travel needs, whether you are traveling for business or looking for a relaxing getaway. With 87 non-smoking suites and our on-site restaurant, the Oxford Suites Pendleton is your home away from home. Experience Pendleton’s Old West charm for yourself. Tour the Pendleton Woolen Mills, Let ‘er Buck at the world-famous Pendleton Round-Up and explore the rich history of the area by taking a tour of Pendleton’s underground tunnels. While you’re here, enjoy all that Pendleton has to offer.

CONTACT:
Oxford Suites Pendleton: Brittney Eickstaedt, Sales Manager, 541-612-3947, brittneye@oxfordsuites.com

5:30 PM - Pacific Daylight Time

Dinner at Virgil's at Cimmiyotti's

A Pendleton tradition since 1959. This steakhouse brings you back to the traditional steakhouse feel with red velvet wallpaper, black leather booths, crystal chandeliers, and hand carved leather menu covers. Serving outstanding certified Angus beef, Italian selections plus many updated menu items that include vegetarian choices. With a focus on local products owner Jennifer Keeton shops the local farmers market and works with her supplier for local products.

Optional: after dinner drinks at the historic Rainbow Cafe
The Rainbow is Pendleton's oldest continuously open and operated bar and restaurant and the oldest doing business at the same location. The Rainbow exhibits the most complete collection of photographs of the Round-Up All-Around Cowboys. Serving breakfast, lunch & dinner and famous for their Rainbow Chicken Dinner.

### August 28 - Friday

#### 8:00 AM - Pacific Daylight Time
**Complimentary breakfast at Oxford Suites Pendleton**

#### About Baker City
Baker City is more than a charming downtown. Sure, you'll want to visit the Geiser Grand Hotel, built in 1889, the award-winning Barley Brown's Brew Pub and more than 100 historic buildings. But Baker City is also the centerpiece of Baker County — known as "the base camp for Eastern Oregon" — which includes parts of the Snake River, the Oregon Trail and Hells Canyon, plus the Anthony Lakes Mountain Resort.

**CONTACT:**
Travel Baker County: Timothy Bishop, Director, 541-523-1589, info@travelbakercounty.com

#### 10:00 AM - Pacific Daylight Time
**National Historic Oregon Trail Interpretive Center**
Meet Timothy Bishop, Travel Baker County, for a tour of the Interpretive Center.

The National Historic Oregon Trail Interpretive Center offers living history demonstrations, interpretive programs, exhibits, multi-media presentations, special events, and more than four miles of interpretive trails.

Using life-size displays, films and live theater presentations, this Center tells the story of Oregon Trail pioneers, explorers, miners and settlers of the frontier west. The 500 acre site includes remnants of the historic Flagstaff Gold Mine, actual ruts carved by pioneer wagons, and magnificent vistas of the historic trail route.

**CONTACT:**
Sarah LeCompte, Acting Field Manager, 541-523-1431, slecompte@blm.com

#### 11:30 AM - Pacific Daylight Time
**Downtown Baker City Culinary Tour**
Start your downtown Baker City Culinary Tour at the Geiser Grand Hotel. Meet Barbara Sidway, owner of Geiser Grand Hotel, and Timothy Bishop to savor the local flavors of Eastern Oregon including award winning beer, wine and spirits crafted in Baker County.

**CONTACTS:**
Geiser Grand Hotel: Barbara Sidway, Owner, 541-523-1889, barbara@geisergrand.com
Barley Brown's Taphouse: Tyler Brown, Owner, 541-523-4286, tylerbrown@barleybrowns.com
Copper Belt Winery: Travis Cook, 541-519-0949, info@copperbeltwinery.com
The Cheese Fairy: Ruby D Tonics: 541-519-7015
Glacier 45 Distillery: Ryan and Kaylin Chavez, Owners, 541-519-0081
Peterson's Gallery and Chocolatier: Alyssa Peterson, 541-523-1022, petersons@qwestoffice.com
Sweet Wife Baking: Jenny Mowe, Owner, 541-403-6028, jenny@sweetwifebacking.com
Visit the Sumpter Valley Dredge
Experience another part of frontier culture by touring the Sumpter Dredge, panning for gold, and the gold rush days.

About John Day
John Day located in Grant County Oregon has been treasured in the heart of pioneers for over 150 years and it continues to be for those who still dare to dream. The town was named after an American hunter who was part of the 1811 Astor Expedition. Dramatic scenery, the beautiful, meandering John Day River and the John Day Fossil Beds National Monument all testify to the area’s remarkable geologic past. Outdoor recreation is a huge draw for visitors, though historic sites are also popular.

CONTACT:
Grant County Chamber of Commerce: Tammy Bumnel, Manager, 541-575-0547, gcadmin@gcoregonlive.com

Visit Kam Wah Chung State Heritage Site
Originally a Chinese medical clinic, general store, community center and residence, Kam Wah Chung gives you an incomparable glimpse into the past. This remarkable site, a National Historic Landmark, is located in the town of John Day, and includes a museum and a separate interpretive center. The museum was built in the 1870s, possibly as a trading post. This tiny, unassuming building became home to two Chinese immigrants, Ing “Doc” Hay and Lung On. Both became locally famous: Lung On as a general store proprietor and businessman, and “Doc” Hay as a practitioner of herbal medicine. For 50-some years, the building was a social, medical and religious center for the Oregon’s Chinese community.

CONTACT:
Don Merritt, Museum Curator, 541-575-2800, Donald.Merritt@oregon.gov

6:00 PM - Pacific Daylight Time
Dinner at 1188 Brewing Company
Located in the heart of downtown John Day, Oregon, 1188 Brewing Company serves unique food and beer for lunch and dinner with 7 microbrews and 1 hard cider on tap!

CONTACT:
Shannon Adair, 541-575-1188, sharon.adair@1188brewing.com

Overnight in John Day

August 29 - Saturday

Complimentary Breakfast at Best Western John Day Inn

Suggested stop: Picture Gorge
The Picture Gorge Basalts are found all throughout the Sheep Rock Unit of the monument, seen close to the tops of the John Day Valley's peaks. These basalts were emplaced 16 million years ago by a series of 61 sporadic lava flows that erupted, on average, every 15,000 year from fissures in the Earth's crust.

9:00 AM - Pacific Daylight Time
Thomas Condon Paleontology Center
In 2005, the state of the art Thomas Condon Paleontology Center opened to the public. Named after the prominent 19th-century Oregon scientist who first recognized the significance of the fossil beds and did the first scientific collection and study of specimens, the 11,000 square foot center greatly improved the monument's ability to serve both the public and the scientific community. Performing a dual purpose, the Thomas Condon Paleontology and Visitor Center is dedicated to the study and public understanding of the paleontological resources of the John Day region. Colorful murals, fossil displays, and a fishbowl paleontology laboratory are some of the main features for visitors to enjoy.

11:00 AM - Pacific Daylight Time
Painted Hills Overlook
The **Painted Hills** are the most visited unit of the John Day Fossil Beds and are famous for their stunning colors created by different geological eras. The most vibrant and saturated colors are seen after a rainfall, and the late afternoon sun makes the rolling hills look golden.

**Painted Hills Overlook**
Overlook Trail, Mitchell, OR, US, 97750

**Lunch at Tiger Town Brewing Co.**
'Tiger Town' was the nickname for modern-day Mitchell's Main St, a lively stretch that was frowned upon by those on Piety Hill (where the churches are). This namesake brewery is in a hip, black-interior brewpub with some outdoor seating, although the outrageous smoked chicken wings (and much more) are prepared in the adjacent food cart. There's great beer too, with around six house brews on tap.

**Tiger Town Brewing Co**
108 Main St, Mitchell, OR, US

1:45 PM - Pacific Daylight Time
**Horseback Riding or Fossil Digging at Wilson Ranches Retreat**
Pioneer hospitality on an authentic ranch vacation await you at Wilson Ranches Retreat Bed & Breakfast providing exceptional lodging in John Day River Territory. Immerse yourself in a peaceful ranch environment rich in history and love on a 9,000 acre working cattle and hay ranch in the beautiful Butte Creek Valley, three miles west of the small town of Fossil, Oregon. Join other guests for a family style breakfast with down home cooking and great conversation.

The Fossil Beds at Wheeler High School, are a place where you can collect fossils in a safe location with interpretive information to help you understand and identify your finds. These thinly-beded rocks behind Wheeler High School in Fossil, Oregon represent the bed of a shallow lake that existed here about 33 million years ago, during a time period known as the Oligocene. The climate 33 million years ago was temperate, but somewhat milder and wetter than today.

Fossils that you'll find at the school site are mostly leaves and branches of the deciduous trees that grew along adjacent stream banks and in nearby wetlands. The site is within easy walking distance of the Center and Gallery.

**Wilson Ranches Retreat Bed & Breakfast**
16555 Butte Creek St, Fossil, OR, US, 97830
(541) 763-2227

4:45 PM - Pacific Daylight Time
**Cottonwood Canyon State Park**
Meet the Cottonwood Canyon State Park Ranger for a quick guided tour of the park.

Cottonwood Canyon State Park is rugged and vast, from the vertical cliffs carved by the John Day River to deep side canyons and arid, rocky grasslands that extend for miles in all directions. The park's 8,000-plus acres are open for exploring, stargazing and contemplating the elemental forces that carved this unique landscape.

CONTACT:
Cottonwood Canyon State Park: David Spangler, Cell -541-980-9941,
Office - 541-739-2322, Ext 23, David.Spangler@oregon.gov

**Cottonwood Canyon State Park**
99989 Oregon 206, Wasco, OR, US, 97065

Check In at the Historic Balch Hotel
*Hosted by Travel Oregon.*
Enjoy this vintage 1907 boutique hotel with on-site spa services, sunny patio and beautiful garden grounds with majestic mountain views, sure to inspire rejuvenation and re-connection. The elegance of this historic inn, surrounded by the golden expanse of meadows and big sky produces clarity of mind that settles the soul. Rooms are cozy with charming antiques and comfy beds.

The 18-room Hotel offers a truly unique experience, for weddings, retreats, reunions, meetings, touring, or a romantic getaway for two. Centrally located in the Columbia River Gorge, south of The Dalles—just 1 hour 40 minutes east of Portland, 3 hours from Seattle or Salem. After a short drive, you’ll feel like you’re a world away.

Contact: Josiah Dean, Inn Keeper
josiah@balchhotel.com / (541) 467-2277

Dinner at the Historic Balch Hotel
After check in, enjoy dinner at the Balch Hotel.

Oregon Trail Presentation at the Balch, TBD

August 30 - Sunday

8:30 AM - Pacific Daylight Time
Breakfast Buffet at the Balch Hotel

About The Dalles
Let your imagination run as wild as the old west! Envision a time when saloon girls, trappers and pioneers traveled the streets of historic downtown The Dalles. Nestled along the banks of the Columbia River, sheltered by Mt. Hood, The Dalles is an ideal location for cycling, hiking, rafting and angling. Located at the eastern gateway of the Columbia River Gorge National Scenic Area, just 80 miles east of Portland, The Dalles provides easy access to today’s adventures while connecting with its historic past. Whether you are a history buff, wildflower admirer, explorer or architectural connoisseur, you will enjoy your time in The Dalles, one of Oregon’s best escapes… complete with over 300 days of sunshine a year.

Instagram: @explorethedalles
Hashtag: #explorethedalles

9:45 AM - Pacific Daylight Time
National Neon Sign Museum
The NNSM is dedicated to providing a dynamic and entertaining environment that promotes an understanding and appreciation of advertising and signage and the unique role it has played in American history. It will provide historical, social, and cultural relevance through the exhibition of more than 20,000 square feet of electrifying signs, ephemera, and interactive displays that date from the late 1800’s through the 1960’s

11:00 AM - Pacific Daylight Time
Columbia Gorge Discovery Center
Located just west of The Dalles, OR, the Columbia Gorge Discovery Center is the official interpretive center for the Columbia River Gorge National Scenic Area. This 26,100 square foot exhibit wing holds interpretive displays which describe the tremendous volcanic upheavals and raging floods that created the Gorge, explanations of why ice ages occur, how the mighty Columbia River sculpted the ecology of the region for a unique and spectacular diversity of vegetation and wildlife. Native American cultures are represented along with more recent Euro-American activities.
The Discovery Center, parking, and interpretive trails are fully accessible. The interpretive programs are also designed for visitors of all abilities. The Discovery Center also serves as the trailhead for the fully accessible, 8 foot wide, paved, rolling Riverfront Trail.

**Columbia Gorge Discovery Center**
5000 Discovery Dr, The Dalles, OR, US, 97058
(541) 296-8600

**12:30 PM - Pacific Daylight Time - 2 hr**

**MountNBarreL Wine Tour (by van--normally a bike tour!)**
Meet at MountNBarreL 10 minutes before your tour begins at 850 Country Club Rd., Hood River. Bikes, helmets, etc. will be provided. Hosted by Travel Oregon.

View this [video](#) to get a taste of your tour.

MountNbarreL’s all-inclusive guided bike tour will provide:

- Locally catered food pairings - Gluten-free (GF) Options
- Sanitized bike & helmet with back rack carrier/crate for personal items and purchases along tour
- Pick-up and delivery of larger purchases
- Exclusive winery experiences during some of our stops.

* Feel free to wear comfortable clothing for a leisurely ride. Closed-toe shoes required. No sandals or flip-flops

Join this epic ride, pedaling and sipping along the west side of the lower Hood River Valley known to the local community as Oak Grove. This guided tour has an abundance of historical charm and natural beauty, with vast orchards, vineyards, historical sites, wildlife and breathtaking views of both Mt. Adams and Mt. Hood to be captured along way.

Bringing together two Gorge favorites – cycling and wineries – MountNBarreL is Hood River’s first wine country bike tours company, offering all-inclusive wine-tasting tours. In our abbreviated tour, we will pedal past orchards and breathtaking views of both Mt. Adams and Mt. Hood, and stop at a couple of wineries with vineyard tours. The full tour includes stops for u-pick lavender, berries, vegetables and flowers depending on the season. Owner Ali McLaughlin also offers custom bike tours of the Hood River Valley for up to 17 participants

This is a modified "OG Tour," experiencing two wineries: Marchesi Vineyards and Phelps Creek Vineyard.

**Media Contact:** Ali McLaughlin, Owner.  ali@mountnbarrel.com

**MountNbarreL - Wine Country Bike Tours**
Hood River, OR, US
ali@mountnbarrel.com

**5:00 PM - Pacific Daylight Time**

**Arrive Portland**